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# Cook your own dumplings!

## Ingredients

1 pack of dumpling wrappers

450 g prok mince (you can also use beef mince or a vegetarian alternative)

2 spring onions, chopped finely

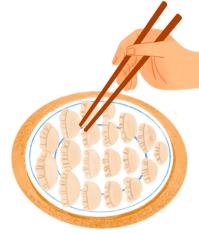
1/8 tablespoons sesame oil

2-3 tablespoons soya sauce

1 tablespoon cornstarch or flour

#### DIRECTIONS

- 1. Pop the mince and spring onions into a bowl. Roll up your sleeves and squish them all together.
- 2. Add the ground ginger, sesame oil, soya sauce, and cornstarch to the meat. Use a spoon to mix these all together until combined.
- 3. Spoon 1 teaspoon of the meat filling into the centre of a dumpling wrapper.
- 4. Wet the edges of the wrapper and fold it in half, closing the meat filling inside. Press the edges together to seal. You can crimp these edges if you want the pot stickers to be extra special. Use the image as a guide.
- 5. Ask your grown-up to heat about 2 tablespoons of vegetable oil in a wok or shallow frying pan, then fry the pot stickers on one side until slightly browned.
- 6. Whilst your grown up is frying, you can prepare the dipping sauce. Pour some soya sauce into your favourite dish. Or combine some of your favourite sauces together to make your own delicious dip. You could use sesame oil, sriracha, rice vinegar, spring onions, chilli whatever you like!
- 7. Ask your grown-up to take the pan off the heat and let it cool a little, then add water to the pan until it covers the bottom half of the pot stickers.
- 8. Ask your grown-up to bring the water in the pan to the boil, cover the pan with a lid and then turn the heat to low. They will need to let the pot stickers steam-cook until the water is almost evaporated (6-7 minutes). They should then remove the lid and continue to cook the pot stickers until the water completely evaporates and the pot stickers begin to 'stick' to the pan.
- 9. With the help of a grown-up, you can check the bottom of the pot stickers to make sure they are not burning. Ask your grown-up to cook them until they are as brown and crisp as you like.
- 10. When your grown-up has removed the pot stickers from the hot pan, you can arrange them on a plate and serve them with the dipping sauce you have prepared. Enjoy!



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## Make your own lucky red envelope!

## Supplies

Red paper

Scissors

Glue or tape

Paints, marker pens or crayons





## DIRECTIONS

- 1. On a piece of red paper, draw out your red envelope template, using the image as your guide. If you do not have red paper, you can use white paper and colour it red with a paintbrush and red paint, marker pens or crayons.
- 2. Cut out your envelope along the outside lines.
- 3. Fold Flap A towards Flap B, using the inside lines. Glue or tape together to seal.
- 4. Fold Flap C and glue or tape in place. Leave the top flap open.
- 5. With a black marker or paintbrush or black paint, draw the character 'fu' on your red envelope by following the example in the image.
- 6. Now you can put a few coins into your red envelope for good luck, and seal the top flap.



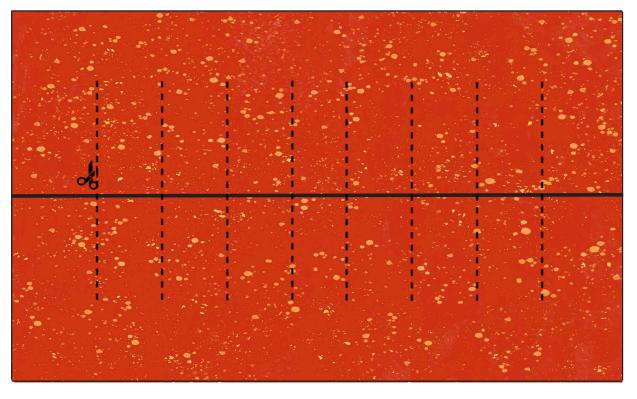


# Make your own paper lantern!

#### Supplies Red paper

Scissors Glue, Tape or a stapler. Paints, marker pens or crayons





#### DIRECTIONS

- 1.On a piece of red paper, draw out your lantern template, using the above as your guide. If you do not have red paper, you can use white paper and colour it red with a paintbrush and red paint, marker pens or crayons.
- 2.Cut out both parts of the lantern along the outside lines.
- 3. Take the larger piece of the template and fold it in half along the long line.
- 4. Take your scissors and cut from the middle along the each of the shorter black cut lines.
- 5.Unfold the template.
- 6. Tape or staple the two ends of the lantern together.
- 7. Take the other strip of your template and stick or staple this to both sides of the top of your lantern to make a handle.



# Lunar New Year

# Create your own dragon puppet!

### Supplies

Thick card or cardboard
Scissors
Glue, Tape or a stapler.
Paints, marker pens or crayons
Lollypop sticks



- 1.On your thick card or cardboard, draw out your dragon template, using the above as your inspirational guide.
- 2. Colour in your dragon with a paintbrush, marker pens or crayons make it as colourful as possible!
- 3. Take your scissors and cut out your dragon.
- 4. Tape or staple your two lollypop sticks at either end of the dragon, one near the tail and the other closer to the head, as in the above guide. Make sure to tape from the back, not on the coloured side!
- 5. There you have it your very own dragon puppet!



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## Test your knowledge of Lunar New Year!

- 1. How long is the Lunar New Year festival?
- 2. What is one thing people do before New Year's Day?
  - 3. Who is the Kitchen God?
- 4. What does displaying flowers in the home celebrate?
- 5. What does displaying flowers in the home celebrate?
  - 6. What colour is good luck for Lunar New Year?
- 7. What are some countries that celebrate Lunar New Year?
  - 8. What is the New Year feast called?
  - 9. What is a New Year greeting in Cantonese?
  - 10. What is a New Year greeting in Mandarin?

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